



freedom from abuse & violence

Trustees' Report and Financial Statements

31st March 2024

R.I.S.E. (Refuge, Information, Support and Education) is a registered charity (No. 1065846)
R.I.S.E. (Refuge, Information, Support and Education) is a Company Limited by Guarantee registered
in England No. 3425008.

RISE, Community Base, 113 Queens Road, Brighton, BN1 3XG



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R.I.S.E. (Refuge, Information, Support & Education)

Legal and Administrative Information

REGISTERED CHARITY NUMBER	1065846	COMPANY NUMBER	03425008
REGISTERED OFFICE	Community Base 113 Queens Road Brighton BN1 3XG		
TRUSTEES	Kim Turnbull James Kate Goddard Alison Simmonds Angie Uglow Piyali Mendiratta Dani Ahrens Catherine Barker Helen Carr Louise Leonard Chris Magill Isobel Montgomery Viktorija Zdanoviciute	Chair Resigned 30 th September 2024 Treasurer Appointed 17 th June 2023 Treasurer Appointed 17 th June 2023 Resigned 31 st October 2024 Treasurer Resigned 31 st March 2024 Resigned 9 th September 2023	
CHIEF EXECUTIVE OFFICER	Jo Gough	SENIOR MANAGEMENT TEAM	Kate Dale Azaria Munro Alison Gray Left 31 st March 2024 Lisa Mcilrath Started 19 th March 2024
BANKERS	Santander Bootle Merseyside L30 4GB		CAF 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ
REGISTERED AUDITORS	Sumer Audit Amelia House Crescent Road Worthing West Sussex BN11 1RL	SOLICITORS	Fitzhugh Gates 3 Pavilion Parade Brighton BN2 1RY

TRUSTEES REPORT FOR THE YEAR ENDED 31st MARCH 2024

RISE Board of Trustees are pleased to present their annual trustees' report, together with the financial statements of the charity for the year ending 31st March 2024. These are also prepared to meet the requirements for a directors' report and accounts for Companies House.

Significant Activities and Project Areas

History and Charitable Purpose

RISE was established in 1994 as The Women's Refuge Project and renamed in 2008 to reflect its growth in provision of services. We deliver:

- A specialist Housing Team providing crisis and resettlement support in Brighton & Hove, community outreach and a Sanctuary (household security) service.
- A Helpline providing access to services, support and advice by phone and email, and online self-directed learning.
- Casework, including specialist Family and Civil Courts advocacy.
- Specialist support for mothers, children and young people, including family work, 1:1 support for mothers, groups for mothers, and recovery groups and therapeutic support for children and young people.
- Longer term recovery and social support in the community, including drop-in sessions, adult therapy, our own Recovery and Empowerment Group programmes and Wellbeing groups that help people to recover from the effects of domestic abuse, as well as a Women of Colour Wellbeing Group.
- Embedded and assertive outreach support in universal as well as specialist services alongside partners in police, housing, substance misuse, homelessness and disability services.
- LGBT dispersed refuge and community services including strong links with other LGBT support locally and nationally.
- Training and consultancy services to statutory, voluntary and private sector partners and customers.

RISE has grown from focusing on refuge accommodation in its early days to delivering responsive wrap around services that support survivors from crisis and early intervention, through to recovery and onwards into safe and healthy futures. Alongside this we work to prevent domestic violence and abuse (DVA) in new generations through education and awareness with children, young people, their families and other professionals involved in their support.

R.I.S.E. (Refuge, Information, Support & Education)

R.I.S.E. stands for Refuge, Information, Support and Education.

Our vision is: 'Freedom from Abuse and Violence'.

We are a feminist, women-led and centred domestic violence and abuse charity that has worked for almost 30 years to end all forms of violence and abuse against women, children and LGBT+ people.

RISE offers strength-based, trauma-informed services and is committed to providing accessible, fair, and safe services to survivors of violence and abuse, including women of all ages, children, young people, trans and non-binary people, lesbians and bisexual women, gay and bisexual men, black and minoritised women, women with religious affiliations or none, disabled women and other minoritised women.

RISE is a key partner in the local Violence Against Women and Girls (VAWG), Domestic and Sexual Violence Strategy in Brighton and Hove and across Sussex, playing a key role in providing expertise, guidance, and response to emerging needs. We receive various grants from government (local and national), charitable trusts such as National Lottery, Children in Need and smaller local or specialist trusts as well as a contract from the local Integrated Care Board (formerly Clinical Commissioning Group - NHS) for delivering therapy services as part of a Trauma Pathway.

The organisation is an established specialist partner in the VAWG and Domestic Violence care pathway in the city.

Public Benefit

The Trustees have had due regard for the guidance on the public benefit requirement published by the Charities Commission, as required by the Charities Act 2011.

General Financial Position

The operating results for the year ended 31st March 2024 show the RISE has maintained financial stability and has achieved results consistent with our financial plan. In the year to 31st March 2024, RISE achieved income of £1,098,406 (2023: £1,080,218), while total expenditure was £1,270,926 (2023: £1,141,636). This gave rise to a deficit of £172,519 (2023: surplus £61,418).

In 2023-24 there was an in-year deficit on restricted income less expenditure of £91,655 (2023: surplus £89,561). At the same time, unrestricted income less expenditure produced an in-year deficit of £80,864 (2023: deficit £150,979). This resulted in a reduction in our unrestricted

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reserves in line with our plan to use unrestricted reserves to support our core services while seeking more sustainable funding.

The closing year balance on reserves show a decrease to £603,405 (2023: £775,924) of which £337,004 (2023: £419,354) is held as general unrestricted reserves, £10,000 (2023: £10,000) as designated reserves and £256,401 (2023: £346,570) as restricted reserves. This is after a transfer of £1,486 (2023: £0) from restricted to unrestricted reserves.

The fundraising team made good progress in securing funds against a reduced target of £260,000 in this year securing £246,473 in total. RISE remains in a strong position to maintain stability while rebuilding and seeking new funding for our services. We were grateful to receive a substantial donation from the Musk Burton Family Trust and are pleased to have secured a promise of an equal amount from them for the next four years which will help us through this period. A second major donor, Mrs Cooper, also gave £25,000 which, along with corporate donors, made a total of £111,073 from major donors. Our flagship 8k Run for Women was back on track in October 2023 and surpassed the income target of £25,000 to secure £41,089.



Women.

The Brighton and Hove Mayor named RISE as one of her five charities this year leading to participation in several joint fundraising events including an abseil down the I360, an online auction and an event with food and music on the pier called 'Wave of Love'. The Big Give Match Fund Women and Girls Campaign generated £17,625 from 55 donors with the largest donor (£5,000) being Another Way

In the third year following the loss of two large contracts RISE continues to experience strong competition for available funding. However we have been successful in securing a continuation of the funding from the local authority (via New Burdens) for the LGBT dispersed refuge and refuge in-reach provision; continued funding from the Integrated Care Board (previously the Clinical Commissioning Group) for funding towards the cost of our therapy team; continued funding for our housing team including Sanctuary Scheme (safety in home) and Floating Support, as well as funding for a Housing IDVA (Independent Domestic Violence Advisor) from the local authority (via New Burdens). As well as this continued funding we have successfully secured new grants from the Ministry of Justice for a specialist LGBT therapist and wellbeing provision; the Brighton and Hove City Council Community Support programme for Children and Young People (via New Burdens), and from Changing Lives (via New Burdens) to support people with Multiple Complex Disadvantages.

In this year the Domestic Abuse Act 2021 began to lead to structural and systemic changes with the roll out of guidance to enact the legislation including, for the first time, recognising children as victims of domestic violence aligning with RISE practice.

Following the DA Act the NHS established a public health approach to domestic abuse which has more recently led to the Chief Delivery Officer, Steve Russell at NHS England sending a letter to all Integrated Care Boards (ICBs), asking them to appoint a new Domestic Abuse and Violence lead at the executive level. This letter represents a significant milestone in the tireless advocacy from RISE as part of the Violence Against Women and Girls (VAWG) sector. There are potentials for huge cost-savings to public services if this becomes a reality with Women's Aid's latest research with ResPublica calculating that domestic abuse costs the health service a staggering £2.7 billion per year.

Violence against women and girls has this year been recognised as a strategic policing threat demonstrating the scale of change required – from the training and skills officers need to investigations and protections for women, and of course the glaring issues of sexism, racism and other forms of discrimination within policing. Following the Baroness Casey of Blackstock's conclusions about the current misconduct system in the Metropolitan Police Service (the Met) as set out in her letter of 17th October 2022 to the Met Commissioner and final report in March 2023 it was found that there were severe institutional failings across the organisation that will require radical reform to resolve. One significant change required was to better protect women and children with a dedicated women's protection service; introducing a new children's strategy; and re-instating sexual and domestic abuse services as specialist functions. The pressing issue of tackling police perpetrators of violence against women and girls, and the severe problems with vetting and monitoring officers, are an urgent priority for improving trust and confidence. RISE has continued to work with local police - challenging and proactively supporting positive change.

The new national Domestic Abuse Commissioner published her mapping data showing what survivors want and what they get. This is presented for each police area or regionally. Accessing help - Domestic Abuse Commissioner. The findings chime with our insight and reflect our priorities. She made 26 key recommendations following her 'A Patchwork of Provision' - Domestic Abuse Commissioner Report. RISE has utilised this important data to demonstrate gaps in service and raise new funds.

Key Strategic Aims

2023-24 was the charity's 29th year in operation, and the final year of our five-year strategic plan.

Our key strategic aims were:

1. **Excellence:** RISE will be a centre of excellence for domestic violence and abuse knowledge and expertise, building on existing knowledge and creating a new evidence basis for our work and achieving recognised quality standards appropriate to our work and sector.
2. **Community Focused:** RISE will broaden our reach, take a community approach and increase our role in a community response to domestic violence and abuse by collaborating

with professional partners, communities of interest and working in neighbourhoods to make sure DVA is everyone's business.

3. **Voice & Leadership:** RISE will be a recognised leading voice on domestic abuse and violence in the context of VAWG and come alongside survivors to amplify their voices to inform provision and bring social change.

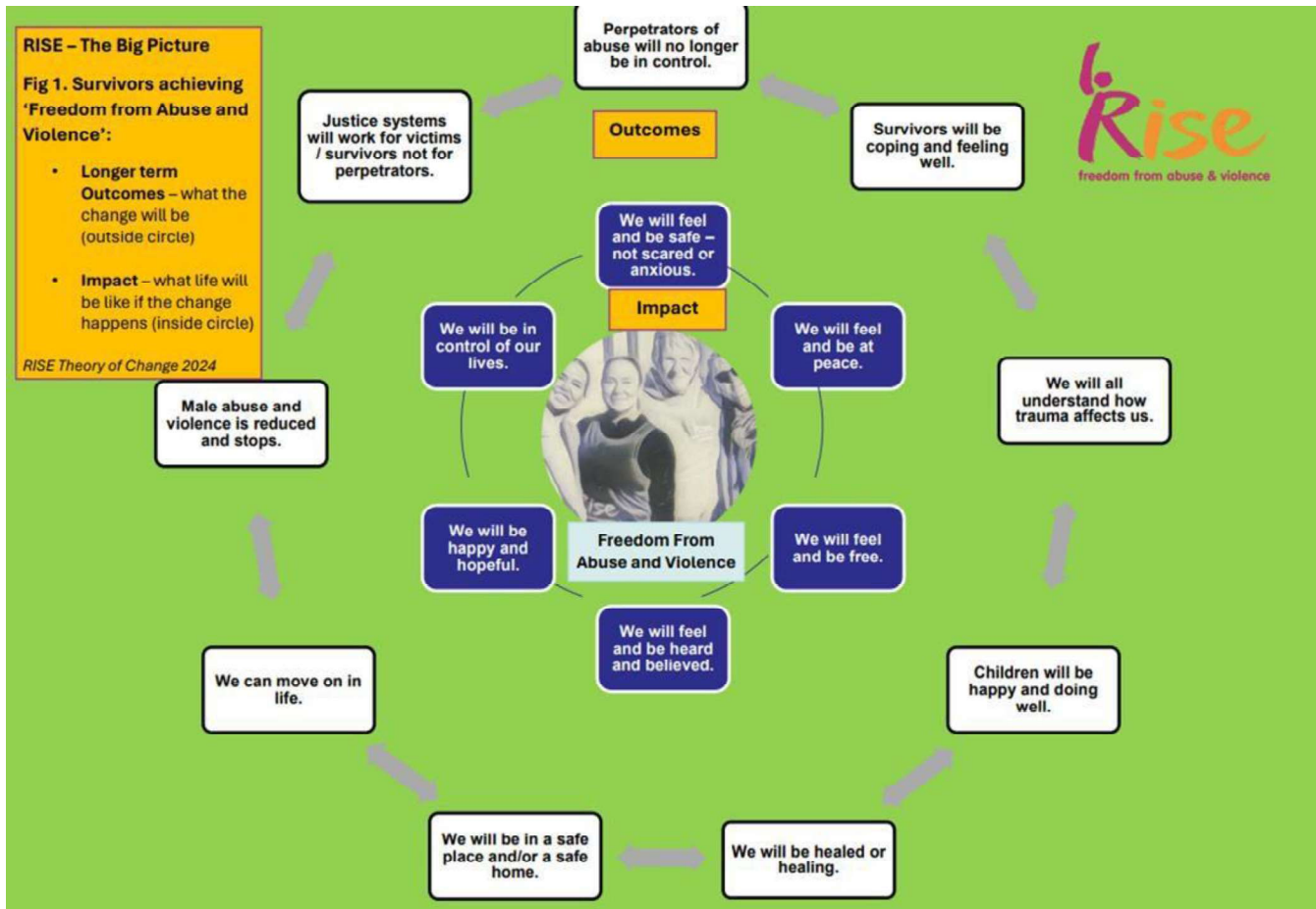
4. **Secure, Sustainable and Future-Proofed:** RISE will diversify and grow income streams to decrease reliance on public funds; commit to good governance principles and practice including robust management of risk; exploit new technology for service delivery, to improve accessibility and modernise our service offer.

Key achievements during the year

A New Strategic Direction

In the last year of our 2019-2024 Strategic Business Plan a year-long programme of strategy development began from April 2023. Staff, survivors, Board and stakeholder involvement took place to develop a new Theory of Change (now called the RISE Big Picture), new Strategic Aims, Objectives [RISE Five-year Strategic Aims 2024 to 2029 | RISE \(riseuk.org.uk\)](#) and Values [Our Values | RISE \(riseuk.org.uk\)](#).

We conducted one to one interviews and surveys with both survivors and stakeholders and set up a small RISE Survivor Panel that met regularly to inform the above and to finalise our new 'RISE Big Picture':



Service Delivery

In this year, 2023 to 2024, a total of 1,671 referrals came to RISE. 201 were referrals for children and 1470 for adults. 1,180 clients were helped in this year with the addition of 228 short-work logs completed. – this is a decrease of 13% on the previous year (2022/23).

In the previous year, 2022/23, we supported 1,357 people which was a 40% increase on the previous year (2021/23) but a decrease against this year.

Here's a snapshot of our activity in 2023/24:

Communities Rising

Our National Lottery-funded Communities Rising project entered its second year working with marginalised women (older, disabled and multiple disadvantaged women), black and minoritised women. It is building on survivor strengths to create a coordinated community response to domestic abuse.

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A new Ambassadors programme and greater survivor leadership through the 'Change maker' role has been added and once again Dodgson Trust has supplemented this project helping to support a drop-in for older and disabled women. We continued our Community Connector and Research projects bringing survivors to the core of our work, as well as a new role working with women experiencing multiple disadvantages linking Communities Rising with a Sussex-wide 'Changing Futures' programme. Our 'Women Rooted' project continued this year taking an 'eco-feminist' therapeutic approach. The Women of Colour Wellbeing group that began under Rosa funding continued this year and grew in membership.

Our RISE Ambassadors training programme has created more than 200 volunteer community ambassadors that understand domestic abuse and are able to safely provide a bridge to specialist services. This includes men and women and all age groups with programmes delivered to university students, skateboard coaches and yoga teachers this year.

Paid Survivor Change Maker positions were added to the team bringing the richness of the survivor experience into the core of RISE.

RISE Therapy, Counselling Service and Wellbeing

Throughout the previous year NHS England-funded projects brought extra capacity to our therapy team with a focus on reaching women experiencing sexual abuse in the context of domestic abuse - this ended in this year.

Our longstanding funding from the Clinical Commissioning Group (CCG) for the Trauma Pathway continued this year - through surplus funding we reduced the waiting list and provided new groups. This funding continues to be on a short-term basis despite having eight-years track record of delivering the 'Trauma Pathway' in partnership. The Trauma Pathway waiting list had to close to new referrals this year as it reached 2.5 years for adults. Later in the year the children's Therapy service also had close to manage demand. This contract is now under review and due to be re-commissioned in 2025.

A new LGBT Counselling service started this year, and we continue to provide wellbeing support as in-reach to Brighton Refuge which provides a wide range of support to resident women and children including a mixture of creative, therapeutic, outdoor, group and 1:1, music therapy. RISE also provide professional support to Stonewater (the Refuge Provider) staff and managers through operational meetings.

We continued to raise underfunding of the service with commissioners and have bid for new funding.

The Children and Family Team

The team continues to deliver bespoke 'Rising Stars' programmes to children and their mothers to aid safety, recovery and healthy relationships now funded by the local authority. The lead for this team offers support and training to Health Visitors, Social Workers and School Educational Psychologists.

Our Family and Civil Court Advocate supported complex cases through civil and family processes following changes in law whilst also providing training to magistrates and law students to bring about culture change.

The Children and Families Team provides case-work and group activities (for children and adults) whilst also providing domestic abuse expertise to professionals working with families. A regular children's Christmas party is supported by our local community gifting presents via a Wishlist.

Helpline, Advocacy and Groups

The helpline and case work team remains a vital source of first contact and support for survivors working with partners and actively bridging the gaps between the now myriad of services provided locally. A new coffee morning has been established and our recovery group – 'ReGroup' - continues to run successfully online and face-to-face alongside well-being and support programmes that survivors' can work through independently. New volunteers were inducted and supported this year to expand the service.

RISE is working in partnership with Surviving Economic Abuse (SEA) to transform responses to economic abuse as one of three pilot areas as a women sector lead partner.

Safe Homes Team and LGBT Dispersed Refuge

In this year we expanded our independent housing advocacy support to include floating support and a £40k sanctuary scheme (security and safety equipment) creating a housing support service. A specialist RISE worker embeds in the council housing team and builds bridges with Refuge and other housing providers to uphold the statutory rights of survivors. We have developed a referral and triage service in order to link with Housing IDVA (crisis work); Outreach support – a combination of support around DVA and housing survivors in any housing situation; and Sanctuary Scheme i.e. security measures to enable survivors to stay in their homes. Training and embedded work is leading to significant culture change in the Council.

The RISE LGBT Dispersed Refuge continues to work with Southdown Housing to source new lets and provides community-based LGBT specialist floating support.

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We are grateful for an ongoing corporate partnership to provide free safety and security equipment to keep survivors safe in their own homes when separated from the perpetrator.

Training & Development

Sharing our expertise to create a culture that does not tolerate abuse and violence is core to our mission. We do this by continuing to deliver training to corporates, Schools, charities (e.g. Money Advice Plus) and to Magistrates etc.

Equality and Diversity

This year's equality and diversity priorities have been:

- Single-sex provision
- Race Equality
- Disability

We have established our approach to single-sex services and providing access to services for all our key beneficiaries – women, children and LGBT survivors. This includes protected services for women on the basis of sex using the exceptions in the Equality Act 2010 as well as services that are open access or for specified cohorts of survivors including LGBT, different age groups, women of colour groups, older women group, young people etc. Staff now have a better understanding of key legislation and have received training on 'Managing Difference'. We reviewed our Equalities and Diversity Policy to better reflect our approach to single sex services and developed staff confidence in communicating our message as well as ensuring each service is assessed and then eligibility is appropriately communicated.

Alongside the above we have also stepped up our commitment to anti-racism in line with the Ending Racism in VAWG commitments: <https://www.endingracisminvawg.org/>. We have updated our recruitment policy and changed our adverts and pack to better reflect this. We identified anti-racism (race as a protected characteristic) as our key equality priority and our CEO completed intensive anti-racism training for white leaders as well as agreeing an in-year budget increase to deliver unconscious bias and anti-racism training for staff.

RISE is a 'Disability Confident Employer' and has been working to expand our support to our disabled staff through Access to Work and flexible policies. On the ground we are also working with key disabled people organisations and groups for example Speak Out, a self-advocacy group for people with learning disabilities, to establish our working relationship and look for further opportunities for partnership. We are continuing to build opportunities for disabled survivors to be influential at RISE and in this year supported disabled survivors to be part of our Survivor Panel. Recite is installed on our website– this includes top range accessibility tools. We are looking into how we can link these tools to other activities such as online groups. Regular text descriptions of visuals on social media are now produced by volunteers.

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We are providing face-face and remote options for some of our services as we have feedback that this increases accessibility where people have physical disabilities. The disabled and older people's Drop-In is continuing, and we have secured new funds through Dodgson Foundation. We are working with Blatchington Trust, PossAbility People and a learning disability group to build capacity in communities to respond to abuse. Key staff have completed Autism training.

The updated recruitment policy is now operational making changes to improve access and to diversify our workforce. We are able to protect some posts through positive action where it is proportionate (e.g. LGBT workers, Black and Minoritised Worker), as well as regularly using the single-sex exception in the EA2010. Our recruitment pack now provides more information on our commitments around diversity and inclusion and provides clarity on the scope of our work including our approach to the protected characteristic of sex. It outlines our commitment to Anti-Racism and we have made this more visible in adverts with the following statement:

The successful candidate will join a highly regarded women-led, women-centred, and trauma-informed charity with almost 30-years track record in violence against women and girls (VAWG) and LGBT Domestic Abuse.

RISE is committed to ending racism and has signed up to the Ending Racism in VAWG commitments: <https://www.endingracisminvawg.org/> and RISE is a Disability Confident Employer.

Unconscious Bias Training was rolled out to all staff and as the VAWG Forum Chair the RISE CEO led a themed presentation and discussion on Anti-Racism in VAWG – this allowed opportunities to outline some of the intersecting issues as well as challenging partners in the police and in council to make a step change.

We are committed to actively holding anti-racist values and practices and nurturing the contributions from Black and minoritised women within the sector so that Black and minoritised leadership can grow. Intensive anti-racism training for white members of leadership team with two Board members took place in the Autumn and we participated in [Race Equality Week - Race Equality Matters](#) in 2024. We continue to promote opportunities for black women leaders and support networks.

The updated Equalities and Diversity Policy has been finalised with Service Impact Assessments now in use for all teams.

Plans for the Future:

- 30th RISE and 50th Brighton Women's Aid Anniversary celebration in 2024
- Launch and embed our strategic plan, values & theory of change for 2024/29
- Survivor involvement established in all levels of RISE

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- Women's Aid Quality Standards completed
- Advance our partnership development in fundraising and operational delivery

Staffing and Governance Structure

There have been some changes to the RISE Leadership Team (RLT) including the loss of two managers and the restructuring of the F&C team as well as the Central services team to create a new Manager role with survivor involvement lead and a new Head of Partnership Development. The RLT is made up of all managers and oversees the strategic plan and the operation of RISE services.

We have refreshed our governance and recruited two more new Board members with finance skills to fill identified skill and representation gaps.

We are continuing with the development of a stronger structure for survivor involvement having established a new survivor panel and new leadership role for survivor involvement underscoring our commitment to survivor involvement to manifest in our structures.

We want to thank our Board and Subgroup members, in particular those who stood down this year (Jeanette Ashton) for bringing their expertise to RISE and helping us successfully steer through the challenges of the year.

COVID-19 impact and response

Most roles at RISE are now hybrid allowing some homeworking and some office working with occasional meetings that are routinely face to face.

There are fewer cases of Covid-19 affecting delivery but still a small number of absences. The pandemic forced us to transition to remote working and some practices, such as online meetings have become part of our new working style. It has also had a positive impact on the ways we deliver some of our services to survivors as we are now able to offer a combination of in-person and online support options, which has improved our accessibility.

The pandemic made us rapidly develop our IT infrastructure and we have invested in IT support and security to ensure safe working practices.

We have now moved to a smaller office and adopted flexible working so staff can split their time between home and office.

Lockdown inevitably saw an increase in demand for support for women suffering from the effects of domestic abuse. The number of calls to the helpline increased and has remained high. Recognising the increase in the need for support for women around sexual violence, we

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secured funding from NHS England to increase the capacity in the therapy team, which extended to March 2023. Despite this additional funding, waiting times for our therapy service continue to grow.

Fundraising

RISE receives voluntary donations and gifts from individual and corporate donors. As a member of the Institute of Fundraising, we adhere to their guidelines in our fundraising activity as well as following the Charity Commission advice on best practice. We have an Ethical Fundraising policy to ensure clarity and openness to all our stakeholders. All personal data is processed in line with the General Data Protection Regulations and Data Protection Act 2018. RISE will only process data of supporters and donors if they have given opt-in consent.

RISE organise all our fundraising internally and do not engage third parties to seek donations from individuals. We are mindful of people's privacy and do not exert undue pressure on potential donors. Our preferred approach is that 'it is not about making people feel bad for not giving, it is about making people feel good for giving'. There have been no complaints about fundraising.

Reserves Policy

In accordance with the advice of the Charity Commissioners for England and Wales, we aim to hold unrestricted reserves at levels sufficient to ensure the long-term financial stability of the charity.

The areas highlighted to meet this requirement are wind up costs, unforeseen emergency, unforeseen running costs to include maternity and sickness, and designated funds for buildings maintenance and furniture renewal, and seed funding to initiate projects for expansion into new areas. The amounts held to cover each financial risk within the tiers are to be defined and reviewed every 2 years or more frequently if the charity's income or liabilities should change drastically.

Surplus unrestricted funding is built into the annual budget where possible to build up the free reserves. As long as these are at the required level, these can be used to support the charitable aims of RISE at the discretion of the CEO and board of trustees. Free reserves should not be allowed to drop below 7% of turnover except in a wind-up situation.

Reserve Tiers

FINANCIAL RISKS	At March 2023	At March 2024	
WIND UP FUNDING			
Redundancy Payments	40,000	40,000	
Key Staff	30,000	30,000	Wind up costs - 3 months

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Lease Commitments	15,665	15,461	Marina Box to December 2025, Community Base 6 months
	85,665	85,461	
DESIGNATED FUNDS			
Buildings Maintenance	10,000	10,000	
	10,000	10,000	
UNFORESEEN EMERGENCY			
	10,000	10,000	
	10,000	10,000	
UNFORESEEN RUNNING COSTS			
Short term capacity issues in Central Services	5,000	5,000	
Disability Support, sickness or maternity cover	10,000	10,000	Based on 12 weeks pay + 6 months SSP for a frontline worker
	15,000	15,000	
PLANNED COMMITMENT			
Use of reserves to support budget plans	155,000	163,000	Budgeted shortfall of income compared to expenditure 2024-25
Free Reserve	153,689	63,543	Held to support deficit budget in 2025-26
	308,689	226,543	
GRAND TOTAL			
	£429,354	£347,004	

	2023	2024
General Reserve held at 31st March	£419,354	£337,004
Designated fund held at 31st March	£10,000	£10,000
	£429,354	£347,004
Restricted Reserve held at 31st March	£346,570	£256,401
Total Reserves	£775,924	£603,405

Structure, Governance and Management

Incorporation

RISE is a company limited by guarantee and a registered charity. It was first registered as a charity on 9th May 1994, and then re-registered on 17th November 1997, having been incorporated as a company on 26th August 1997. On 28th October 2008, the company changed its name to R.I.S.E. (Refuge, Information, Support and Education). The charitable company is governed by its Memorandum and Articles of Association which were updated in July 2014. RISE is governed by a board of trustees, whose principal responsibilities are the setting and monitoring of the strategic direction of the organisation and the establishment of policy. The trustees are also directors for the purposes of company law.

The board meets formally once every three months.

The board delegates the day-to-day operation of the organisation to the CEO who in turn delegates to managers.

Statement of Trustees' Responsibilities

The trustees, who are also the directors of RISE for the purposes of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing financial statements giving a true and fair view the trustees should:

- 1) follow best practice and select suitable accounting policies and apply them consistently.
- 2) make judgements and estimates that are reasonable and prudent.
- 3) state whether applicable United Kingdom accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
- 4) prepare the financial statements on the going concern basis unless it is inappropriate to assume that the company will continue its operation.

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The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and which enable them to ensure that the financial statements comply with the Companies Act 2006 and the Charities Act 2011. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Recruitment and Appointment of Trustees

We aim to have between 10 and 15 Board Members to ensure a quorum at meetings of 5. Recruitment is based on relevance of expertise and experience. We carry out regular skills audits to identify any existing or possible gaps in the knowledge and expertise on the Board, and to fill these gaps appropriately. Candidates for Board membership will be recruited either through recommendation as defined in RISE Articles of Association, or through open recruitment in line with our Governance Board Recruitment, Selection and Review Policy.

Trustee Induction and Training

All new board members are introduced to current board members, and receive an induction pack, and a face-to-face induction training on Strategy and Governance. Trustees are invited to visit RISE Services and attend open mornings as well as RISE training and full team meetings. Free training is available for roles and responsibilities, and governance. The CEO is the permanent representative of the staff on the board and other senior staff members of RISE management team and the service teams attend board meetings where possible. All board members are required to attend board meetings, the annual strategic planning day, development days, and are welcomed at staff meetings and other social events.

The board receive on-going development and attend a number of governance training days throughout the year.

Trustee Working Groups

The board has set up specific sub-groups to undertake detailed work in the following areas, Income Generation, Human Resources and Equalities, Finance and Risk Management and Clinical Governance. Other Working Groups are set-up from time to time.

Risk Management

The trustees and leadership team review the major risks that the charity faces on a regular basis and are satisfied that systems are in place to mitigate exposure to the major risks. Internal risks are minimised by the implementation of policies and procedures for authorisation of all transactions and projects, and to ensure consistent quality of delivery for all operational aspects of the charitable company. These procedures are periodically reviewed to ensure that they still meet the needs of the charity. A working group consisting of staff and trustees has been set up to monitor risk and to review and prepare business recovery processes. There is a business Continuity Plan for crisis management.

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The key risks are:

- 1) Risk of death of a service user or client on waiting list due to restrictions in levels of service.
- 2) Risk of loss of key staff, to include staff burn out, sickness and loss due to restrictions in remuneration packages.
- 3) Risk of loss of key income streams and associated services reducing our needs-led and trauma-focused holistic service model.
- 4) Risk of fraud/theft of charity funds.
- 5) Risk of a health pandemic causing disruption to the service

Auditors

Each of the Trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditors are aware of such information.

A resolution proposing that Carpenter Box be reappointed as auditors of the company will be put to the members.

The trustees have paid due regard to the public benefit guidance issued by the Charity Commission in deciding what activities the charity should undertake.

The trustees have complied with their duty under section 17(5) of the 2011 Charities Act to have due regard to guidance published by the charitable commission.

The trustees have prepared this report in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The trustees present their report for the year in compliance with the Statement of Recommended Practice Accounting and Reporting by Charities.

At the time of approving the accounts, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus, they continue to adopt the going concern basis of accounting in preparing the accounts. Going concern is considered further at note 1(a).

Approved by the trustees on 7th December 2024

And signed on their behalf by

Dani Ahrens



Vice Chair

Helen Carr



Trustee

Independent Auditor's Report to the Trustees of R.I.S.E. (Refuge, Information, Support & Education) for the year ended 31 March 2024

Opinion

We have audited the financial statements of R.I.S.E. (Refuge, Information, Support & Education) (the 'charitable company') for the year ended 31 March 2024 which comprise the statement of financial activities, including the income and expenditure account, the balance sheet, the statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

give a true and fair view of the state of the charitable company's affairs as at 31 March 2024 and of its incoming resources and application of resources, for the year then ended; have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the trustees' report for the financial year for which the financial statements are prepared, which includes the directors' report prepared for the purposes of company law, is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' report, including the incorporated strategic report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate and proper accounting records have not been kept, or returns adequate for our audit have not
- been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns;
- or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charity for the purpose of company law, are responsible for the

preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

In identifying and assessing risks of material misstatement in respect of irregularities, including fraud and noncompliance with laws and regulations, our procedures included the following:

- Obtaining an understanding of the legal and regulatory framework in which the company operates, focusing on those laws and regulations that had a direct effect on the financial statements and operations;
- Obtaining an understanding of the charity's policies and procedures on fraud risks, including knowledge of any actual, suspected or alleged fraud; and
- Discussing among the engagement team how and where fraud might occur in the financial statements and any potential indicators of fraud through our knowledge and understanding of the charity and our sector specific experience.

R.I.S.E. (Refuge, Information, Support & Education)

As a result of these procedures, we considered the opportunities and incentives that may exist within the company for fraud. We are also required to perform specific procedures to respond to the risk of management override. As a result of performing the above, we

identified the following areas as those most likely to have an impact on the financial statements: compliance with the UK Companies Act and the Charities SORP (FRS102).

In addition to the above, our procedures to respond to risks identified included the following:

- Making enquiries of management, about any known or suspected instances of non-compliance with laws and regulations and fraud;
- Reviewing minutes of meetings of the board and senior management; and
- Auditing the risk of management override of controls, including through testing journal entries and other adjustments for appropriateness.

Due to the inherent limitations of an audit, there is an unavoidable risk that some material misstatements in the financial statements may not be detected, even though the audit is properly planned and performed in accordance with the ISAs (UK). For instance, the further removed non-compliance is from the events and transactions reflected in the financial statements, the less likely the auditor is to become aware of it or to recognise the non-compliance.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

**Robin Evans BA FCA CTA DChA (Senior Statutory Auditor)
for and on behalf of Sumer Audit
Chartered Accountants
Statutory Auditor
Worthing**



.....
12 December 2024

Sumer Audit is the trading name of Sumer Auditco Limited

R.I.S.E. (Refuge, Information, Support & Education)

Statements of Financial Activities Including Income and Expenditure Accounts 31st March 2024

Notes	General Fund	Designated Funds	Restricted Funds	Total	General Fund	Designated Funds	Restricted Funds	Total
	2024				2023			
	£	£	£	£	£	£	£	£
<u>INCOME AND ENDOWMENTS</u>								
Donations and Legacies	4	177,800		177,800	133,950			133,950
Other Trading Activities	4	68,673		68,673	40,242			40,242
Income from Investments		27,711		27,711	9,647			9,647
Incoming from charitable activities								
Residential, Casework and Group Work			679,540	679,540			657,988	657,988
Therapeutic		6,799	137,883	144,682	3,710		230,946	234,656
Other Incoming Resources					3,735			3,735
Total Income and Endowments		280,983	817,423	1,098,406	191,284		888,934	1,080,218
<u>RESOURCES EXPENDED</u>								
Expenditure on Raising Funds	5	97,698		97,698	110,030			110,030
Expenditure on Charitable Activities								
Residential, Casework and Group Work	6	201,764	703,963	905,727	173,157		608,514	781,671
Therapeutic		62,385	205,115	267,500	59,076		190,859	249,935
Sub-total		264,149	909,078	1,173,227	232,233		799,373	1,031,606
Total Expenditure		361,847	909,078	1,270,925	342,263		799,373	1,141,636
Net income/ (expenditure) for the year	3	(80,864)	(91,655)	(172,519)	(150,979)		89,561	(61,418)
Transfers between funds		(1,486)	1,486					
Net Movement in funds		(82,350)	(90,169)	(172,519)	(150,979)		89,561	(61,418)
<u>RECONCILIATION OF FUNDS</u>								
Total funds brought forward		419,354	10,000	346,570	775,924	570,333	10,000	257,009
Total funds carried forward		337,004	10,000	256,401	603,405	419,354	10,000	346,570

The statement of financial activities has been prepared on the basis that all activities are continuing.

Balance Sheet at 31st March 2024

		2024	2023
	Notes	£	£
TANGIBLE FIXED ASSETS	10	6,248	10,154
CURRENT ASSETS			
Debtors	11	102,711	61,584
Cash at bank and in hand		575,998	790,452
TOTAL CURRENT ASSETS		<u>678,709</u>	<u>852,036</u>
Creditors: Amounts falling due within one year	12	81,552	86,266
NET CURRENT ASSETS		597,156	765,770
NET ASSETS		<u>603,405</u>	<u>775,924</u>
ACCUMULATED FUNDS			
Unrestricted funds			
General fund	15	337,004	419,354
Designated funds	15	10,000	10,000
Restricted funds	15	256,401	346,570
		<u>603,405</u>	<u>775,924</u>

Approved by the trustees on 7th December 2024

Dani Ahrens



Vice Chair

Helen Carr



Trustee

Cash Flow Statement Accounts Ending 31st March 2024

	Notes	2024 £	2023 £
CASH FLOWS FROM OPERATING ACTIVITIES			
Net cash (used in) / provided by operating activities	16	(240,917)	(91,371)
CASH FLOWS FROM INVESTING ACTIVITIES:			
Interest received		27,711	9,647
Purchase of Tangible Fixed Assets		<u>(1,248)</u>	<u>(864)</u>
Net cash provided by investing activities		26,463	8,783
Change in cash and cash equivalents in the reporting period		(214,454)	(82,588)
Cash and cash equivalents at the beginning of the reporting period		<u>790,452</u>	<u>873,040</u>
Cash and cash equivalents at the end of the reporting period		575,998	790,452

Notes to the financial statements

For the year ending 31st March 2024

1. Accounting Policies

a) Basis of Preparation

RISE is a private company limited by guarantee incorporated in England and Wales. The registered office is Community Base, 113 Queens Road, Brighton, BN1 3XG.

The charity has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the charity.

The accounts have been prepared in accordance with “Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)” (effective 01 January 2019), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Companies Act 2006. The charity is a Public Benefit Entity as defined by FRS 12.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £1.

The accounts have been prepared under historical cost convention. The principal accounting policies adopted are set out below.

b) Going Concern

The financial statements have been prepared on a going concern basis. The trustees have considered relevant information, including the annual budget, forecast future cash flows and the impact of subsequent events in making their assessment.

Although the entity stayed well within its three year plan to 2024-25 to use unrestricted reserves for delivering the core services of helpline, casework and family work, the decision was made by the Board of Trustees in March 2024 to restructure the entity to secure its financial future. This was driven by knowledge of the National Lottery funding finishing in Autumn 2024 and significant cuts to Local Authority funding from March 2025. The restructure, which focussed on reducing management costs and overheads, was fully in effect from 1 October 2024. In addition to this, since the end of the year there have been positive outcomes from fundraising bids providing sizeable new funding streams over a 2 to 3 year period.

Based on these assessments and having regard to the resources available to the entity, the trustees have concluded that there is no material uncertainty in relation to the appropriateness of continuing to adopt the going concern basis in preparing the annual report and financial statements.

c) Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation.

Depreciation is calculated to write off the cost of each asset over its expected useful life at the following rate:

Fixtures and fittings 20% straight line basis per annum

Purchase of tangible fixed assets to a value of less than £500 are not capitalized.

d) Donations

Donations are accounted for on a received basis and are grossed up for any income tax recoverable. Donated items are accounted for when received and are accounted for at a reasonable estimate of their value.

e) Grants receivable

Grants received are treated in accordance with the Statement of Recommended Practice "Accounting Reporting by Charities". Grant income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that the income will be received. In the event that a grant is subject to the fulfilment of performance conditions before the charity is entitled to the funds, the income is deferred and not recognised until it is probable that these conditions will be fulfilled in the reporting period.

f) Legacies

Pecuniary legacies are recognised as receivable once probate has been granted and notification has been received. Residuary legacies are recognised as receivable once probate has been granted, provided that sufficient information has been received to enable valuation of the Charity's entitlement. Amounts receivable are included at 90% of their valuation to reflect uncertainty inherent in the administration of estates. Residuary legacies are subject to further reduction to reflect the impact on the valuation of unrealised estate assets of subsequent adverse movements in property and investment markets. Reversionary interests involving a life tenant are not recognised due to the intrinsic uncertainties in valuing them.

g) Trustees

All the trustees donate their time spent running the charity on a voluntary basis and do not receive any remuneration. Indemnity Insurance is provided for the trustees.

h) Allocation of expenditure

Resources are analysed as follows:

Costs of generating funds includes fundraising and publicity costs as well as a proportion of salaries and staff costs based on allocation of staff time spent raising and funding applications.

Charitable activities expenditure includes the direct running costs of the charity's projects together with the support costs incurred that enable these activities to be undertaken.

Governance costs relate to statutory costs in connection with the general running of the charity, such as audit fees, AGM and trustee expenses and legal and professional fees. They also include an allocation of staff salaries.

All resources expended are inclusive of irrecoverable VAT.

i) Taxation

The charitable company is registered as a charity and is exempt from taxation (except for Value Added Tax) on its income and capital gains applied for charitable purposes.

j) Employee Benefits

The charity operates a defined contribution group personal pension scheme, which is available to all employees. The amount charged against expenditure represents the contributions payable to the scheme in respect of the year.

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the company is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

k) Leasing

Rental charges are charged on a straight-line basis over the term of the lease.

l) Fund Accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are funds which are to be used in accordance with a specific purpose, as explained in note 15.

m) Designated Funds

Designated funds are set up in order to put aside funds for future large expenditure. As laid out in the reserves policy, a designated fund for building maintenance is defined.

Any transfers from general to designated reserves is agreed by the Board of Trustees and minuted. The reserves policy is to be reviewed every two years.

n) Financial Instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

2. Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates. The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

There are not considered to be any critical accounting estimates or judgements.

3. Net Incoming Resources

Net incoming resources for the year are stated after charging:

	2024	2023
	£	£
Auditors' remuneration - audit services	12,550	7,980
Operating lease payments	24,401	23,536

4. Voluntary Income

	2024	2023
	£	£
<u>CORE GRANTS, DONATIONS AND LEGACIES</u>		
Major donors	111,073	61,035
Unrestricted donations	39,466	64,842
Legacies	8,719	1,751
Gift Aid	18,542	6,322
	177,800	133,950
<u>OTHER TRADING ACTIVITIES</u>		
Training and student fees income	6,720	2,900
Membership	90	70
Fundraising Events		
Race income	41,089	25,747
Collections and events	20,774	11,525
	68,673	40,242
TOTAL VOLUNTARY INCOME	246,473	174,192

5. Expenditure on Raising Funds

	Unrestricted Funds	Designated Fund	Restricted Funds	Total 2024	Total 2023
	£	£	£	£	£
Salaries and staff costs	46,004	-	-	46,004	62,666
Fundraising	29,951	-	-	29,951	29,711
Support costs and overheads	21,742	-	-	21,742	17,593
TOTAL	97,698	-	-	97,698	110,030

6. Expenditure on Charitable Activities

	Staff Costs	Direct Service Costs	Support and Governance Costs	Total 2024	Total 2023
	£	£	£	£	£
Residential Casework/ group work	459,013	129,311	317,403	905,727	781,671
Therapeutic	154,594	27,109	85,797	267,500	249,935
TOTAL	613,607	156,420	403,200	1,173,227	1,031,606

7. Analysis of Support and Governance Costs

	Support	Governance	Total 2024	Total 2023
	£	£	£	£
Salaries and staff costs	284,860	11,588	296,448	272,059
Audit and accountancy fees	-	12,550	12,550	7,980
Management Committee and AGM	-	608	608	578
Support overheads	93,595	-	93,595	94,122
TOTAL	378,454	24,746	403,200	374,739

8. Employees and Trustees

During the year there were no reimbursements to trustees (2023: £NIL).

There was no remuneration paid to any of the trustees or any persons connected to them.

	2024	2023
Salary costs:	£	£
Wages and salaries	863,653	786,325
Social security costs	70,701	63,569
Pensions - Employer contribution	21,705	18,690
	<hr/>	<hr/>
	956,059	868,584
	<hr/>	<hr/>

No employee earned at a rate of greater than £60,000 per annum.

Key management personnel remuneration:

	2024	2023
	£	£
Senior Managers	159,912	161,191

The average number of employees, analysed by function, was:

	2024	2023
Raising funds	3	3
Charitable activities	27	27
Management and administration of the charity	6	6
	<hr/>	<hr/>
	36	36
	<hr/>	<hr/>

9. Related Party Transactions

There were no related party transactions in the period.

The aggregate donations received from trustees during the period was £190 (2023: £90).

10. Tangible Fixed Assets

	Fixtures, fittings and equipment	
COST	£	
At 1 April 2023	39,676	
Additions	1,248	
At 31 March 2024	40,924	
DEPRECIATION		
At 1 April 2023	29,522	
Charge for year	5,154	
At 31 March 2024	34,676	
NET BOOK VALUE		
At 31 March 2023	10,154	
At 31 March 2024	6,248	

11. Debtors

	2024	2023
	£	£
Trade debtors	63,804	34,664
Prepayments	20,776	19,962
Accrued income	18,131	6,958
	102,711	61,584

12. Creditors: Amounts falling due within one year

	2024	2023
	£	£
Trade creditors	30,287	25,152
Deferred income	8,417	26,606
Accruals	15,859	11,312
Accrued annual leave	3,851	5,229
Taxation/pensions	23,138	17,967
	<u>81,552</u>	<u>86,266</u>

13. Pensions

The charitable company operates a defined contribution pension scheme.

Contributions made by the company amounted to £21,705 (2023: £18,690) and there were contributions of £4,141 owing at the end of the year (2023: £NIL).

14. Operating Lease Commitments

The following operating lease payments are committed to be paid:

Land and buildings		2024	2023
		£	£
Expiring:	Within one year	12,665	12,665
	In two to five years	1,333	<u>3,000</u>
		<u>13,998</u>	<u>15,665</u>

15. Funds

ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Tangible Fixed Assets	Net Current Assets	Total 2024	Total 2023
	£	£	£	£
Restricted funds	-	256,401	256,401	346,570
General funds	6,248	330,756	337,004	419,354
Designated Funds	-	10,000	10,000	10,000
	<u>6,248</u>	<u>597,157</u>	<u>603,405</u>	<u>775,924</u>

RESTRICTED FUNDS

	Balance at 31/03/2023	Incoming Resources	Resources Expended	Transfers between funds	Balance at 31/03/2024
	£	£	£	£	£
Children In Need	10,043	9,869	17,671	-	2,241
ICB (Sussex Integrated Care Board)	53,677	104,014	141,079	-	16,612
NHS via OPCC	15,364	-	15,107	-	257
BHCC Housing IDVA	17,026	40,000	52,328	-	4,698
BHCC Third Sector Investment Programme	-	50,000	51,486	1,486	-
Dodgson Foundation	1,266	5,000	3,923	-	2,343
Ernest Hecht Charitable Trust	4,101	-	3,505	-	596
MHCLG Wellbeing & LGBT Refuge	7,049	99,963	99,649	-	7,363
National Lottery Community Fund	124,446	269,864	287,496	-	106,814
OPCC Safe Space	1,610	20,000	19,623	-	1,986
Volant Trust	16,126	-	15,513	-	613
BHCC Sanctuary Scheme and Floating Support	75,474	130,000	110,232	-	95,242
Ministry of Justice via OPCC	17,110	33,869	48,928	-	2,050
BHCC Changing Futures	871	26,966	23,039	-	4,798
Surviving Economic Abuse	-	6,000	3,217	-	2,783
BHCC Children & Young People Community Programme	2,407	21,879	16,283	-	8,004
Total Restricted Funds	<u>346,570</u>	<u>817,423</u>	<u>909,078</u>	<u>1,486</u>	<u>256,401</u>

R.I.S.E. (Refuge, Information, Support & Education)

RESTRICTED FUNDS 2022-23 FOR COMPARISON

	Balance at 31/03/2022	Incoming Resources	Resources Expended	Transfers between funds	Balance at 31/03/2023
	£	£	£	£	£
Children In Need	10,825	38,105	38,887	-	10,043
ICB (Sussex Integrated Care Board)	46,063	114,100	106,486	-	53,677
National Foundation for Youth Music	-	2,678	2,678	-	-
NHS via OPCC	-	72,767	57,403	-	15,364
BHCC Housing IDVA	13,342	35,000	49,085	17,769	17,026
BHCC Third Sector Investment Programme	-	50,000	50,000	-	-
Charles Hayward	6,812	8,333	15,145	-	-
Dodgson Foundation	-	3,050	1,784	-	1,266
Ernest Hecht Charitable Trust	24,851	-	20,750	-	4,101
MHCLG / DLUHC Wellbeing & LGBT Refuge	15,159	99,962	90,303	17,769	7,049
National Lottery Community Fund	64,526	265,161	205,241	-	124,446
OPCC Safe Space	537	20,000	18,927	-	1,610
Rosa Fund: Women Thrive	34,947	-	34,947	-	-
Volant Trust	39,947	-	23,821	-	16,126
BHCC Sanctuary Scheme & Floating Support	-	130,000	54,526	-	75,474
Ministry of Justice via OPCC	-	40,495	23,385	-	17,110
BHCC Changing Futures	-	2,247	1,376	-	871
Asda Small Grant	-	1,300	1,300	-	-
Another Way Women's Foundation	-	1,284	1,284	-	-
Arnold Clark Community Grant	-	1,000	1,000	-	-
BHCC Children & Young People Community Programme	-	3,452	1,045	-	2,407
Total Restricted Funds	257,009	888,934	799,373	-	346,570

R.I.S.E. (Refuge, Information, Support & Education)

DESIGNATED FUNDS

	Balance at 31/03/2023	Incoming Resources	Resources Expended	Transfers between Funds	Balance at 31/03/2024
	£	£	£	£	£
Buildings maintenance	10,000		-	-	10,000
Total Designated Funds	10,000		-	-	10,000

UNRESTRICTED FUNDS

Total Unrestricted Funds	419,354	280,983	361,847	(1,486)	337,004
TOTAL FUND BALANCES	775,924	1,098,406	1,270,925	(1,486)	603,405

RESTRICTED FUNDS - PROVIDER AND PURPOSE

Provider	Purpose
Asda Small Grant	Art and Wellbeing therapy group
Another Way Women's Foundation	Art and Wellbeing therapy group
Brighton & Hove City Council	Sanctuary Scheme and Floating Support
Brighton & Hove City Council	Housing IDVA (Independent Violence Advisor)
BHCC Children & Young People Community Programme	CYP Rising Stars groups
BHCC Changing Futures	DV support to people with Multiple Disadvantages
BHCC Third Sector Investment Programme	Children and Young People Service
Charles Hayward	Family Cour Advocacy
Children In Need	Children's worker
Department of Levelling Up Housing and Communities via BHCC	Continuation of LGBT+ Refuge and Wellbeing service
Dodgson Foundation	Older person support
Ernest Hecht Charitable Trust	Housing Support

R.I.S.E. (Refuge, Information, Support & Education)

ICB (Sussex Integrated Care Board)	Family, Children and Young People's Service
MHCLG Wellbeing & LGBT Refuge	Support LGBT+ victims of domestic abuse
Ministry of Justice via Office of the Police & Crime Commissioner and ESCC	Specialist LGBT+ Therapist and Wellbeing service
National Lottery – Community Fund	Community engagement and development
National Foundation for Youth Music	Music therapy for young people
NHS via the Office of the Police & Crime Commissioner and ESCC	Uplift to sexual violence support services during Covid-19 pandemic.
Office of the Sussex Police and Crime Commissioner	Safe Space Sussex, Regroup, and Economic Abuse workers
Rosa Fund: Women Thrive	BME Specialist support
Surviving Economic Abuse	Secondment of worker
Volant Trust	Helpline and Casework

DESIGNATED FUNDS - PURPOSE

Building Maintenance	The £10,000 designated funds relates to building maintenance for the Marina Box premises only, which is used for the therapy team.
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16. Notes to the Cash Flow Statement

Reconciliation of Net Movement in Funds to Net Cash Flow from Operating Activities

	2024	2023
	£	£
Net surplus (deficit)	(172,519)	(61,418)
Depreciation charges	5,154	4,904
Interest	(27,711)	(9,647)
(Increase)/decrease in debtors	(41,127)	(34,879)
Increase/(decrease) in creditors	(4,714)	9,669
Net cash provided by (used in) operating activities	(240,917)	(91,371)

R.I.S.E. (Refuge, Information, Support & Education)

Analysis of changes in net funds

	At 1 April 2023 £	Cash flows £	At 31 March 2024 £
Cash at bank and in hand	790,452	(214,454)	575,998
TOTAL FUND BALANCES	790,452	(214,454)	579,998

17. Subsequent events

As at 30 September 2024, the charity made 5 redundancies in order to preserve the future of the charity. The redundancies amounted to £23,813.



freedom from abuse & violence

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